



SAILING INSTRUCTIONS for the INDIVIDUAL CHAMPIONSHIP (SI)

ORGANIZING AUTHORITY

The IODA North American Championship is organized by CORK/Sail Kingston in conjunction with the Canadian Optimist Dinghy Association (CODA) under the authority of the International Optimist Dinghy Association (IODA).

1. RULES

- 1.1 The Regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The current Conditions of the IODA will apply.
- 1.3 No national authority prescriptions will apply.
- 1.4 English will be the official language for the Championship.

2. CAMERAS AND ELECTRONIC EQUIPMENT

Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes rule 63.6.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in the Measurement Hall.

4. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the SI will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.

5. BOATS

- 5.1 Charter boats are not mandatory. Competitors sailing with charter boats shall use these boats according to paragraph 15 of the NOR. Except for the foils, spars, fittings and running rigging, all equipment provided with the charter boats for sailing purposes shall be in the boat while afloat.
- 5.2 Competitors sailing with charter boats shall report any damage or loss of equipment, however slight, to the Organizing Authority's representative immediately after securing the boat ashore.
- 5.3 Failure or loss of chartered equipment will not be grounds for redress. This changes rule 62.1(a).

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed from the official flagpole located mid harbour in Portsmouth Harbour.
- 6.2 Flag D displayed with one sound means: 'the warning signal will be made not less than 60 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.
- 6.3 Flag B displayed means 'sailing instruction 20.3 applies'.

7. FORMAT OF RACING

7.1 Practice Race

The fleet will be divided into two divisions as follows:

Start	Competitors	Class flag
1st start	Boats with an odd sail number (ending in 1, 3, 5, 7, 9)	Yellow
2nd start	Boats with an even sail number (ending in 0, 2, 4, 6, 8)	White

7.2 Individual North American Championship (INAM)

- (a) Divisions: The fleet will be divided into six divisions. Each division will sail with each other at least once. Attachment 3 shows the starting schedule.
- (b) Identification of divisions: Each boat shall display a coloured ribbon corresponding to the colour of her division flag, permanently fixed and free to fly from the top of the sprit. The ribbons will be provided by the Race Office.



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- (c) Allocation to divisions: Boats will be sorted by alphabetical order of national letters and then by numerical order of the sail numbers. The first boat of the sorted list will be allocated a number between 1 and 6 to be drawn by lot and the rest of the boats will be allocated numbers in a sequential order, each number representing one division. (For example if the number for the first boat is 2, the first 8 boats will be allocated numbers 2, 3, 4, 5, 6, 1, 2, 3). The seeding will be done as soon as possible after the completion of the registration.

8. SCHEDULE OF RACES

8.1 Programme:

Saturday, June 26	Official Arrival Day Registration and Measurement Opening Ceremony
Sunday, June 27	Registration and Measurement Coaches meeting Practice Race
Monday, June 28	Coaches meeting Individual North American Championship, Races
Tuesday, June 29	Coaches meeting Individual North American Championship, Races.
Wednesday, June 30	Coaches meeting Team Racing Championships, Races
Thursday, July 1	Spare Day
Friday, July 2	Coaches meeting Individual North American Championship, Races.
Saturday, July 3	Coaches meeting Individual North American Championship, Races.
Sunday, July 4	Official Departure Day.

8.2 Number of Races

- (a) The total number of races scheduled for the INAM is 12 races, with 3 races to be sailed each day. Attachment 3 shows the starting schedule.
- (b) One extra race per day may be sailed, provided that no division becomes more than one race ahead of schedule and the change is made according to instruction 4.
- 8.3 The spare day may be used to complete the Team Racing Championships.
- 8.4 The scheduled time of the coaches meeting each day is 1000 hours.
- 8.5 The scheduled time of the warning signal for the first race each day is 1200 hours, except that on June 27 the warning signal for the practice race will be at 1300 hours.
- 8.6 To alert boats that a race or sequence of races will begin soon, the orange flag defining the starboard end of the starting line will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 8.7 On July 3 no warning signal will be made after 1600 hours.

9. CLASS FLAGS

For each start, the Class Flag will be the two flags of the divisions to be started, with colours according to the following table:

Division	Flag
1	White
2	Pink
3	Red
4	Green
5	Blue
6	Yellow



10. RACING AREA

The diagram in attachment 1 shows the location of the racing area.

11. THE COURSE

The diagram in attachment 2 shows the course for the INAM, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

12. MARKS

- 12.1 Marks 1, 2, 3S and 3P will be orange inflatable tetrahedrons buoys.
- 12.2 New marks, as provided in instruction 14.1, will be yellow inflatable tetrahedrons buoys.
- 12.3 The starting and finishing marks will be Race Committee boats
- 12.4 A Race Committee boat signalling a change of a leg of the course is a mark as provided in instruction 14.2.

13. THE START

- 13.1 The starting line will be between staffs displaying orange flags on the starting marks.
- 13.2 When an individual recall is made, flag X will be displayed for up to 2 minutes. This changes rule 29.1.
- 13.3 When the warning signal for the first two divisions (e.g. 1A or 2A or 3A) has been made, boats from other divisions shall be in the waiting area. Boats may approach the starting line after the starting signal of the previous divisions and in case of an individual recall, after the X flag has been removed.
- 13.4 Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made.
- 13.5 The waiting area windward boundary will be designated by red inflatable tetrahedron buoys.
- 13.6 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

14. CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- 14.2 Except at a gate, boats shall pass between the Race Committee boat signalling the change of course and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes rule 28.1.

15. THE FINISH

The finishing line will be between staffs displaying orange flags on the finishing marks.

16. PENALTY SYSTEM

- 16.1 A boat that has taken a penalty or retired according to rule 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.
- 16.2 The penalty for breaches of Class Rules, Sailing Instructions 2, 5.1, 5.2, 7.2(b), 13.4, 16.1, 20, 21, 22, 24, 26, 27 and Notice of Race paragraph 15.4 may be less than disqualification if the Jury so decides.
- 16.3 Appendix P will apply.
- 16.4 In addition to taking action in accordance with Appendix P, if a member of the Jury sees a boat breaking rule they may make a sound signal but her sail number will not be hailed. If the appropriate penalty is not taken the Jury may protest one or more boats.

17. TIME LIMITS AND TARGET TIMES

17.1 Time limits and target times (in minutes) are as follows:

Time limit	Mark 1 time limit	Target time
90	30	50

- 17.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 17.3 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.



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18. PROTESTS AND REQUESTS FOR REDRESS

- 18.1 Rule 61.1 'Informing the Protestee' is changed as per NOR 1.5. To inform the Race Committee of the boat/s being protested, the boat intending to protest shall approach the Race Committee boat at the starboard end of the finishing line and shall hail the protested boat's sail number/s while sailing along her starboard side.
- 18.2 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 18.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.
- 18.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Jury room, at the rooms adjacent to the Jury Desk located in the Main Lobby of the Sailing Centre. No protest hearing will start after 2200.
- 18.5 Notices of protests by the Race Committee or Jury will be posted to inform boats under rule 61.1(b).
- 18.6 A list of boats that under instruction 16.3, have been penalized for breaking rule 42 will be posted.
- 18.7 For the purpose of measurement rule protests (rule 64.3 (b)) the 'authority responsible' is the IODA Technical Committee representative.
- 18.8 Breaches of instructions 2, 7.2(b), 16.1, 20, 22, 24, 26 and 27 will not be grounds for a protest by a boat. This changes rule 60.1(a).
- 18.9 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes rule 66.
- 18.10 Decisions of the Jury are final as provided in rule 70.5.
- 18.11 Protests, requests for redress and scoring enquiries not yet decided at 2100 on June 29 will not be taken into account when calculating the teams' scores as per NOR 6.3(b).

19. SCORING

- 19.1 Race scores:
- (a) Each race of two divisions will be scored as one race in which all competitors of those two divisions have entered. Allocation of points according to rule A4.2 will consider that 'the number of competitors entered in the series' is the maximum number of competitors after grouping the two largest divisions.
 - (b) For overall scoring purposes, a race will be defined as one completed race for all 6 divisions in the sequential numbering of races in Attachment 3. Only races that have been completed for all 6 divisions will be included in the series scoring.
- 19.2 Series scores
- (a) 5 races are required to be completed to constitute a series.
 - (b) When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.
 - (c) When from 6 to 10 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - (d) When 11 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 19.3 The scoring abbreviation for a discretionary penalty imposed under instruction 16.2 will be DPI.
- 19.4 To request correction of an alleged error in the posted races or series results, a boat shall complete a scoring enquiry form available at the Race Office.

20. SAFETY REGULATIONS

- 20.1 A boat that retires from a race shall notify the Race Committee as soon as possible and shall complete the relevant form available at the Race Office.
- 20.2 Each day of competition the Coaches or Team Leaders shall notify the Race Office before D flag is displayed, of the boats not intending to race that day.
- 20.3 When code flag B is displayed ashore each Coach or Team Leader shall sign a checklist at the Race Committee Office within 45 minutes after the flag has been displayed, to indicate that all team members have returned to shore. Flag B will be displayed when the last boat has finished the last race of the day or the race is



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abandoned. All team members may be penalised at the discretion of the Jury for each race of the day on which the Coach or Team Leader failed to comply with this instruction. This changes rule 63.1.

- 20.4 Competitors who require assistance shall blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in their opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a).

21. REPLACEMENT OF EQUIPMENT

- 21.1 Substitution of damaged or lost equipment will not be allowed unless approved in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.
- 21.2 Substitution of damaged equipment may be permitted provided that the relevant form has been completed at the Race Office and both the damaged and the substituting equipment has been inspected by the Measurement Sub-Committee.
- 21.3 If the substitution was made on the water between races, both the damaged and the substituting equipment shall be presented to the Measurement Sub-Committee after the end of the day's racing. The substitution is subject to the approval of the Race Committee given retrospectively.

22. EQUIPMENT AND MEASUREMENT CHECKS

- 22.1 A boat or equipment may be inspected at any time for compliance with the Class Rules, the NOR or the SI. The top ten finishing boats of every race shall sail to the Equipment Inspector boat at the starboard side of the finishing line. No adjustments shall be made on the boat before the measurement inspection.
- 22.2 Sails measuring to the maximum limits while scrutineered during the measurement days may be scrutineered again on the spare day.

23. OFFICIAL AND ACCREDITED BOATS

- 23.1 Official boats will be marked as follows:

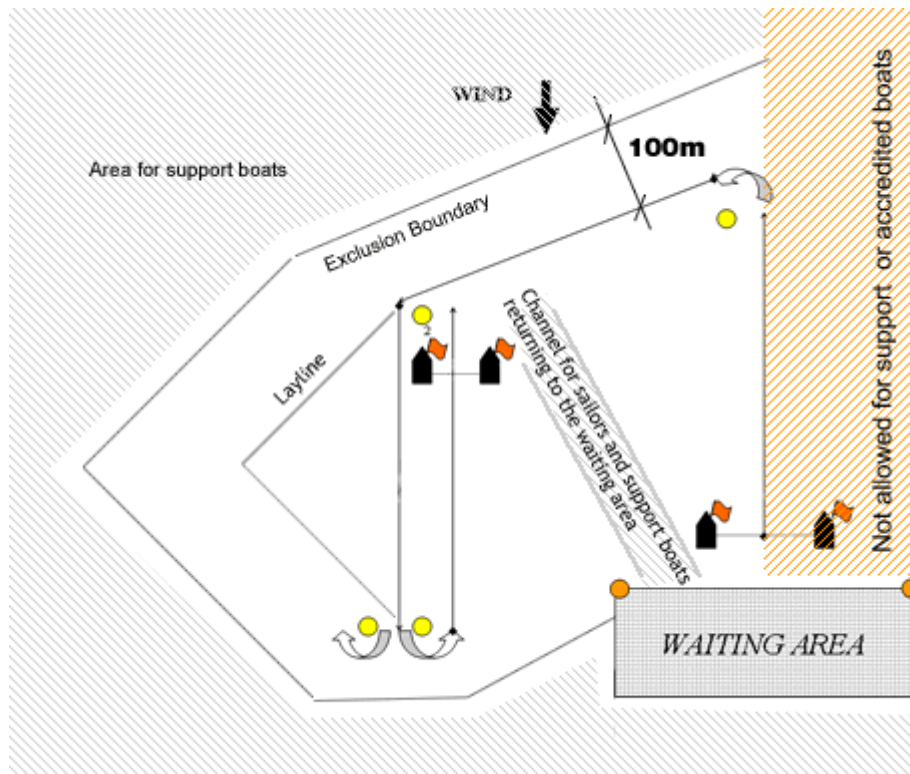
Race Committee signals vessel	Blue flag marked with red 'RC'
All other Race Committee boats	Blue flag marked with white 'RC'
Jury Boat	White flag marked with black 'J'
Rescue Boat	Yellow flag with a red stripe
Equipment Inspector Boats	White flag marked with black 'M'
Support and Coaches boats	White flag marked with black National Letters (rule G1)

- 23.2 Accredited boats will be marked as follows:

Press, spectators and VIP boats	Green flag
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24. SUPPORT BOATS

- 24.1 Team Leaders, Coaches and other support personnel shall stay outside areas where boats are racing from the time of the warning signal for a division's race until all boats in all divisions have finished or the Race Committee signals a postponement, general recall or abandonment. To observe the race, support boats may move from leeward to windward through the port side of the course keeping well clear of the exclusion boundary, approximately 100 metres outside of the course area. Support boats may go to the finishing area from the waiting area through the centre channel. (See Chart below). When a Race Committee or Jury member indicates a support boat to move further from the course area, the mentioned boat shall do so immediately.



All boats associated with the infringing support boat may be penalised at the discretion of the Jury for the race on which the support personnel failed to comply with NOR 16 and with this instruction. This changes rule 63.1.

- 24.2 Competitors shall not approach any boat other than an official boat (see instruction 23.1) from their first warning signal of the day until they finish their last race for the day or the Race Committee signals no more racing today, whichever is later.

25. BEHAVIOUR

Team members and officials shall observe the regulations of the host club and the house rules of the hotel and shall behave correctly at all times. Bad behaviour at any time, whether on shore or afloat, with or without any damage to the facilities, may be investigated by the Jury who may call a hearing and impose a scoring penalty when appropriate.

26. TRASH DISPOSAL

Boats shall not put trash in the water. Trash may be placed aboard support and Race Committee boats.

27. BERTHING

Boats shall be kept in their assigned places in the boat park.

28. PRIZES

28.1 Prizes will be awarded to:

- (a) The 15 best placed competitors, without gender distinction, regardless of their continent of residence;
- (b) The 5 best placed female competitors, regardless of their continent of residence;
- (c) The 3 best placed competitors, without gender distinction, whose IODA member is from North America; the first of whom will become the North American Champion 2010;
- (d) Three permanent trophies (to be kept for one year and returned to the organisers of the following year's event) will be awarded to:
 - (i) The best placed male competitor whose IODA member is from North America;
 - (ii) The best placed female competitor regardless of her continent of residence;



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(iii) The best placed competitor without gender distinction, whose IODA member is from outside North America.

28.2 More prizes may be awarded at the discretion of the Organising Committee

29. DISCLAIMER OF LIABILITY

29.1 Competitors participate in the regatta entirely at their own risk and responsibility. See rule 4, 'Decision to Race'. The Organising Authority and any other party involved in the organization of the Championship will accept no liability whatsoever for any injury, damage, loss or claim, whether personal or material, incurred by or inflicted to participants before, during or after the Championship.

29.2 All competitors and support staff will be required to execute liability waiver.

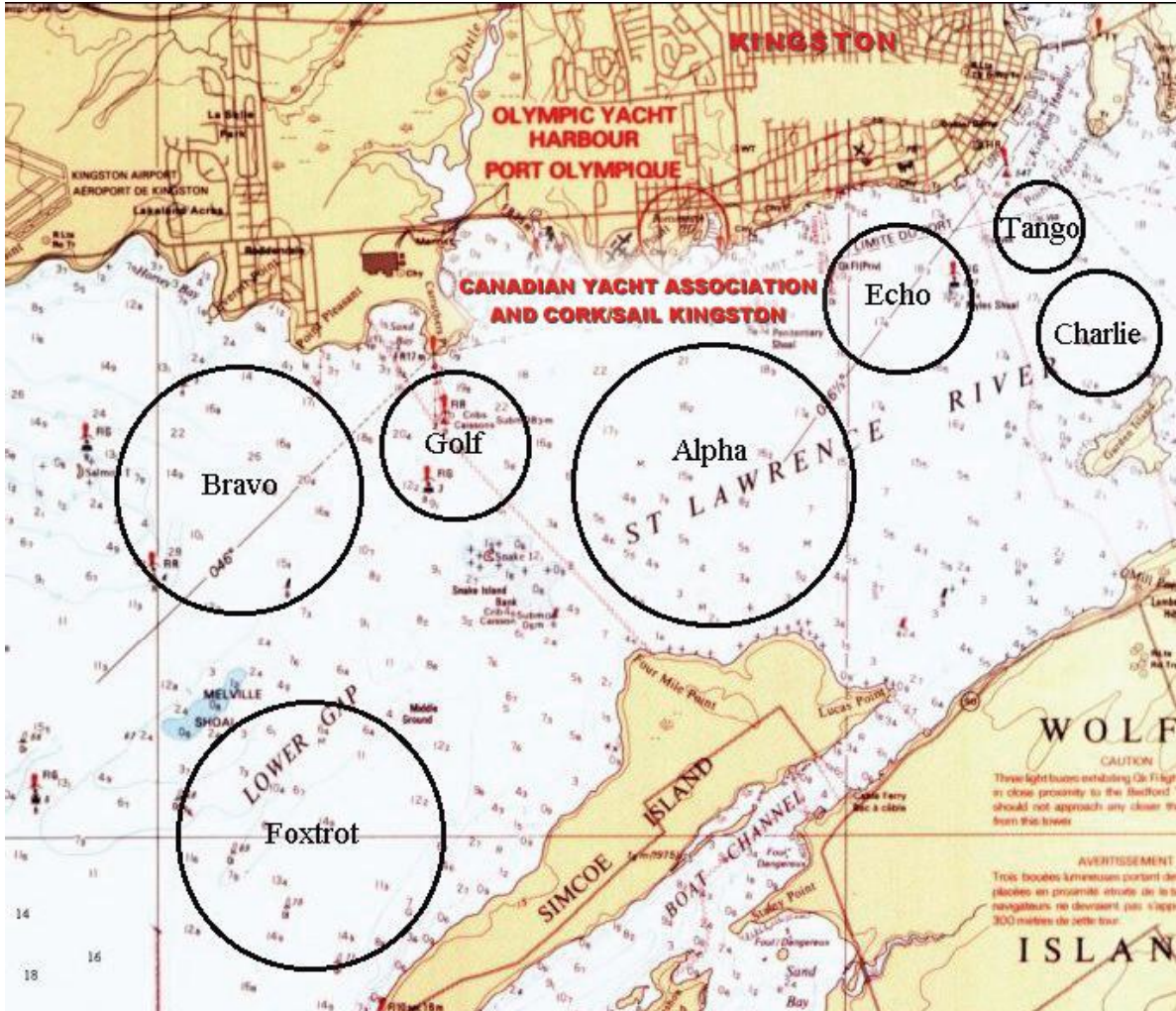
30. INSURANCE

Each competitor should be insured with valid third-party liability insurance with a minimum cover of \$300,000



ATTACHMENT 1: RACING AREA

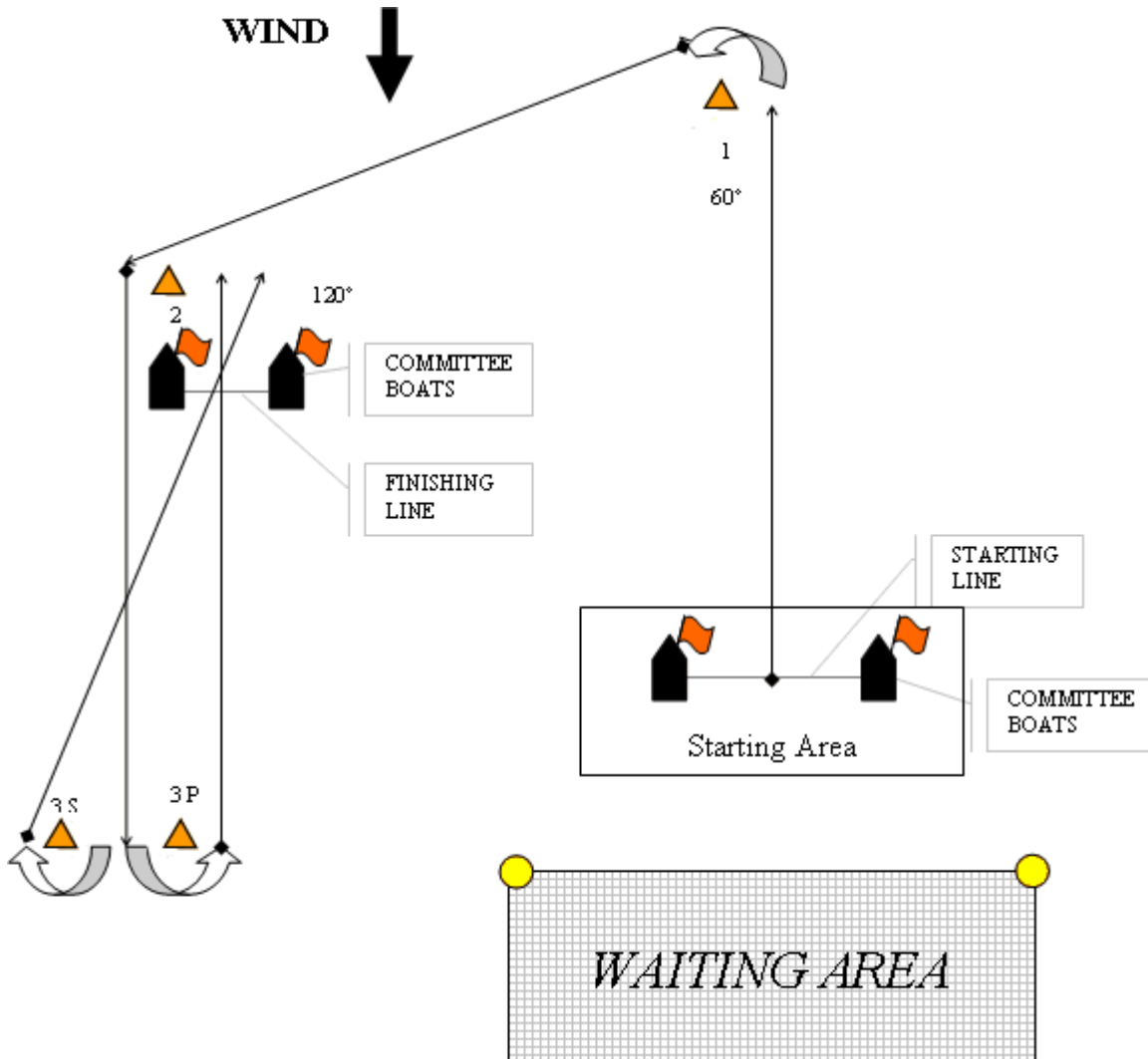
Racing will be in the area designated as Alpha





ATTACHMENT 2: THE COURSE

Course configuration: Start – 1 – 2 – Gate (3S – 3P) – Finish.
Marks 1, 2 and 3P shall be left to port; mark 3S to starboard.
Angles are approximate.





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ATTACHMENT 3: THE STARTING SCHEDULE

Race	Division
Practice Race 1 st start	Boats with odd sail numbers
Practice Race 2 nd start	Boats with even sail numbers
1A	1 (white) & 6 (yellow)
1B	2 (pink) & 5 (blue)
1C	3 (red) & 4 (green)
2A	1 (white) & 5 (blue)
2B	6 (yellow) & 4 (green)
2C	2 (pink) & 3 (red)
3A	1 (white) & 4 (green)
3B	5 (blue) & 3 (red)
3C	6 (yellow) & 2 (pink)
4A	1 (white) & 3 (red)
4B	4 (green) & 2 (pink)
4C	5 (blue) & 6 (yellow)
5A	1 (white) & 2 (pink)
5B	3 (red) & 6 (yellow)
5C	4 (green) & 5 (blue)
6A	3 (red) & 2 (pink)
6B	4 (green) & 1 (white)
6C	5 (blue) & 6 (yellow)
7A	3 (red) & 1 (white)
7B	2 (pink) & 6 (yellow)
7C	4 (green) & 5 (blue)
8A	3 (red) & 6 (yellow)
8B	1 (white) & 5 (blue)
8C	2 (pink) & 4 (green)
9A	3 (red) & 5 (blue)
9B	6 (yellow) & 4 (green)
9C	1 (white) & 2 (pink)
10A	3 (red) & 4 (green)
10B	5 (blue) & 2 (pink)
10C	6 (yellow) & 1 (white)
11A	5 (blue) & 4 (green)
11B	6 (yellow) & 3 (red)
11C	1 (white) & 2 (pink)
12A	5 (blue) & 3 (red)
12B	4 (green) & 2 (pink)
12C	6 (yellow) & 1 (white)